

Steps for Implementing Walk Across Texas! Youth

- 1. Identify how many youth teams will be participating
- 2. Determine if adults will create teams and compete
- 3. Select the team name(s)
- 4. Establish a Howdy Health Account
 - a. Visit: howdyhealth.org
 - b. Click Login / Register and create an account
- 5. Enter Data Online
 - a. Select *WAT! Youth Dashboard*
 - b. Create Youth League (if applicable)
 - c. Create Youth Team(s)
 - d. Enter your team(s) weekly mileage walked
- 6. Print / Share Program Resources
 - a. School Weekly Mileage Log
 - b. Bingo Card
 - c. Parent Newsletters
 - d. Teacher Lesson Plans
- 7. Determine Events / Door Prizes / Incentives
- 8. Print Youth Recognition Certificates

The table below will assist you in your role with the WAT! Youth program. It may be beneficial to form a coalition and / or advisory team to help set program planning goals. Also, identify partners / existing relationships and committees to leverage implementation.

If you have any questions or need more information, please contact your local county Extension agent.

Set Dates and Times for Your WAT! Youth Program

	Date	Time
Walk Across Texas! Start Date:		
Kick-off Assembly / Event:		
Midway Assembly / Event:		
Celebration Assembly / Event:		
Walk Across Texas! End Date:		